



FOR IMMEDIATE RELEASE

October 20, 2009

## STERLING SHOES INCOME FUND

### Fund Announces Monthly Cash Distribution

VANCOUVER, BC, October 20, 2009 –Sterling Shoes Income Fund (the “Fund”) (TSX: SSI.UN), a Vancouver-based, national specialty footwear retailer, today announced that its Board of Trustees has approved a cash distribution of \$0.01862 per trust unit for the period from October 1, 2009 to October 31, 2009, payable on November 16, 2009 to unitholders of record at the close of business on October 30, 2009.

Sterling Shoes Limited Partnership (the “Partnership”) is continuing to pay equivalent distributions to the exchangeable LP units of the Partnership.

#### *About Sterling Shoes Income Fund*

Sterling Shoes Income Fund is a leading Vancouver-based footwear retailer offering a broad selection of private label and brand name shoes and accessories in five Canadian provinces through its six separate retail banners: Sterling, Joneve, Shoe Warehouse, Freedman Shoes, Gia and Sterling Outlet. Since 1987, Sterling Shoes has grown from five shopping mall locations to 162 stores (as at October 20, 2009) located in high-traffic, high-visibility locations within enclosed shopping malls, on high streets and in strip malls. The Fund currently employs over 1,000 employees, and sales of the business for the 12 month period ended June 30, 2009 were \$134.7 million. The Fund’s units are listed on the Toronto Stock Exchange under the symbol SSI.UN. The Fund’s convertible debentures are listed on the Toronto Stock Exchange under the symbol SSI.DB.

For further information, please visit us at [www.SterlingShoesIncomeFund.com](http://www.SterlingShoesIncomeFund.com), or contact:

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*Additional information about Sterling Shoes Income Fund can be found in the disclosure documents filed by Sterling.*

**Sterling**

**SHOE  
WAREHOUSE**

*Joneve*

**freedman  
shoes**

**gia** shoes

**Sterling  
OUTLET**